

Ursula Peer

goes

PRIVATE

Retreats



“Enjoy a personalized detox retreat at Hotel Font Santa with complete flexibility to choose when you stay”

Ursula Peer
TCM & Detox Expertin

Hotel Font Santa, Mallorca

Detox Packages, 3 or 5 Days

Experience my signature TCM detox formula &

- ☀ Turn back the process of aging– at your preferred date.
- ☀ Immerse yourself in the “sacred” thermal springs of Font Santa
- ☀ Savor the refined detox medical cuisine by the award winning culinary team
- ☀ Experience Maria’s restorative TCM treatments (acupuncture & Tui Na)
- ☀ And simply be... at Thermal Boutique Hotel Font Santa, an exquisitely elegant sanctuary with Roman roots, timelessly reimagined for the present.



PRIVATE DETOX

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HOTEL FONT SANTA MALLORCA

3 DAY PRIVATE DETOX

Your Retreat for Radiant Energy

- 3 nights, 5-star full board at the Thermal Spa & Wellness Boutique Hotel
- TCM detox menu tailored individually in a 1:1 consultation with Ursula Peer
- 3 delicious TCM detox meals/day (free from), prepared with absolute dedication by the awarded culinary team
- Freshly pressed green juice (organic) and detox tea daily (water & organic herbal teas included)
- 1 individual TCM treatment, Tui Na massage 60', with acupuncture (optional)
- 1 yoga session
- 1 Pilates session
- Unlimited access to the thermal area
- TCM Detox & Longevity Guide by Ursula Peer

695€ per person + room of choice

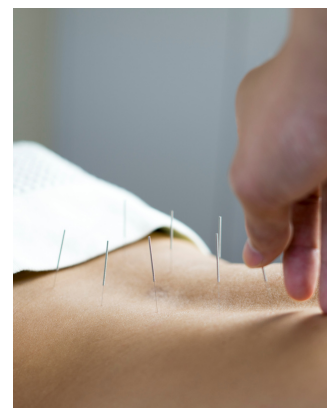


5 DAY PRIVATE DETOX

Your Retreat for Radiant Energy

- 5 nights 5-star full board at the Thermal Spa & Wellness Boutique Hotel
- TCM detox menu tailored individually in a personal consultation with Ursula Peer
- **Individual TCM detox appointment with Ursula Peer, including a complete cellular check for minerals & heavy metals**
- 3 delicious TCM detox meals (free from) per day, prepared with absolute dedication by the culinary team
- Daily freshly pressed green juice (organic) and detox tea (water and organic herbal teas included)
- 3 individual TCM treatments, Tui Na massage 60', with acupuncture (optional)
- 2 yoga sessions
- 2 Pilates sessions
- Unlimited access to the thermal area
- TCM Detox & Longevity Guide Ursula Peer

1.390€ per person + room of choice



ENJOY YOUR PRIVATE RETREAT

My TCM detox formula is now available exclusively in a private format – at the stylish Thermal Boutique Hotel Font Santa, with its sacred thermal waters.

Expect an elegantly composed detox cuisine based on the principles of Traditional Chinese Medicine – plant-based, nourishing, and balancing. Featuring carefully selected vegetables, herbs, broths, healthy fats, superfoods, adaptogens, and legumes. Intentionally free from anything that burdens the body.

**Feel the metabolic boost.
Invigorating. Anti-inflammatory. Hormone-balancing.**



Book now

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retiros.fontsantahotel.com



URSULA PEER

TCM & DETOX Expert

Certified TCM Nutrition Consultant, author, founder & owner of www.detoxmallorca.com and www.ursulapeer.com

TCM detox chef & retreat organizer

With a background in business and sports science, she restored her health 30 years ago with the help of TCM and has since discovered her passion in medicinal cuisine. Ursula combines the ancient wisdom of TCM with a touch of biohacking and cherishes the healing properties of the natural thermal waters at Thermal Boutique Hotel Font Santa

MARIA SANCHEZ /OLIVER INDRI



Tui Na & Acupuncture

Retreat guests adore both Maria and Oliver for their caring, attentive presence, combined with keen diagnostic insight and extensive TCM expertise.

Many guests, experience profound physical and emotional transformations over the course of a retreat.

Tui Na treatments are performed fully clothed, with acupuncture offered as an optional part of the highly effective TCM therapy.